## Kundalini Yoga

Adult Winter Session 2019

# **Exchange:** $100. email to Register gracefulevolutionyoga@gmail.com

DATES: January 22, 29, February 5, 12, 19, 26, March 5, 12, 19, 26

**Location:** ~HOME STUDIO LOCATION~ EAST SELKIRK, MB





join me for a 10 week Journey through the chakras

